

Freshly made to order, seven days a week



BREAKFASTFAVORITES

EL CLASSICO

Black pepper egg and cheddar served on your choice of bagel. Add bacon or chicken sausage for \$1.28.

\$7.05

CATCH ME CROAFING

Black pepper egg and cheddar served on a brioche bun. Add bacon or chicken sausage for \$1.28.

\$7.70

SWEET & SAVORY

Black pepper egg and cheddar served on a waffle square with a drizzle of syrup. Add bacon or chicken sausage for \$1.28.

\$8.97

\$14.42

SMOKEHOUSE

Black pepper egg, smoked turkey

breast, bacon, muenster & smoky chipotle aioli on a jalapeno loaf.

BLACK BELT

\$10.26

Black pepper egg, bacon, power greens, tomato & mayo on multigrain bread.

FRESH PASTRIES & BAKED GOODS

Please see bakery case for current available pastry and baked good selections.

FARMHOUSE

Black pepper egg, avocado, havarti and veggie cream cheese on jalapeno cheddar loaf.

\$12.36

LOX BAGEL

Your choice of bagel with cream cheese, pastramied lox, tomato, red onion and capers.

\$12.19

WHITEST FISH ALIVE

Your choice of bagel with smoked whitefish salad, tomato, onion and cucumber.

POWER BAGEL

\$12.36

\$12.36

Your choice of bagel with hummus, sprouts, tomato and avocado.

BAGELS, CREAM CHEESES & SPREADS

BAGELS

\$3.03

Please see bakery case for current selections. Our bagels are proudly sourced from Bull Frog Bagels & are baked fresh daily. Gluten free bagels from Rise Bakery available on request(+\$1).

CREAM CHEESES & SPREADS

Cream Cheeses: Classic (+\$1.27), Apple Honey Walnut (+\$1.91), Garden Veggie (+\$1.91), Garlic & Herb (+\$1.91)

Spreads: Nutella (+\$1.27), Butter (+\$1.27), Brown Sugar Cinnamon Butter (+\$1.91), Strawberry Preserves (+\$1.27), Peanut Butter (+\$1.27), Hummus (+\$1.27)



\$8.33

\$9.62

\$9.62

\$9.62

THEBELGIANS

CLASSIC WAFFLE

Belgian waffle served with brown sugar cinnamon butter and whipped cream.

STRAWBERRY WAFFLE

Belgian waffle with fresh strawberries served with brown sugar cinnamon butter and whipped cream.

CHOCOLATE CHIP WAFFLE

Belgian waffle with chocolate chips served with brown sugar cinnamon butter and whipped cream.

BLUEBERRY WAFFLE

Belgian waffle with fresh blueberries served with brown sugar cinnamon butter and whipped cream.

EXTRA & TOPPINGS

AVAILABLE TOPPINGS

Avocado (+\$2.56), tomato (+\$1.27), onion (+\$0.63), cucumber (+\$1.27), power greens (+\$1.27), sprouts (+\$0.63), capers (+\$0.63), egg (+\$2.56), bacon (+\$3.20), chicken sausage (+\$3.20), smoked salmon (+\$4.48), whitefish (+\$5.13)

IN NEED OF CATERING SERVICES FOR YOUR UPCOMING EVENT?

WE CAN HELP WITH THAT!

There is nothing we love more at Tynan Coffee & Tea than a really good party! (Other than coffee, of course!) From birthday parties to corporate events and charity fundraisers, our catering services will add a delicious note to any celebration regardless of occasion or size.

Contact us today for more information about catering for your upcoming event.

LUNCHTIME CLASSICS

\$ 13.06

\$13.06

\$14.42

\$9,62

\$7.55

\$12.36

A TURKEY AT THE CLUB

Turkey, smoked bacon, havarti, sprouts and avocado with chipotle aioli served on a toasted ciabatta.

MOTHER CLUCKER

All white meat chicken salad with dried cranberries, celery, roasted pumpkin seeds and dill on toasted jalapeno cheddar loaf with power greens and red onion.

BMT \$12.19

Fresh mozzarella, marinated oven roasted tomato, power greens with nut-free basil pesto and balsamic vinaigrette on toasted ciabatta.

SMOKED SALMON BLT

Pastramied lox, bacon, power greens, tomato and lemon aioli on toasted ciabatta.

GROWN UP GRILLED CHEESE

Melted havarti, cheddar and muenster on multi-grain bread.

PB&J

A classic favorite, served with strawberry preserves and peanut butter on multi-grain bread.

RUN THROUGH THE GARDEN

Power greens, spiced roasted chickpeas, cucumber, tomato and avocado with honey basil vinaigrette. Add chicken salad (+\$5.13) or whitefish salad (+\$5.13).

*Gluten free brioche bread available on request